# The Tiny Helpers Inside You



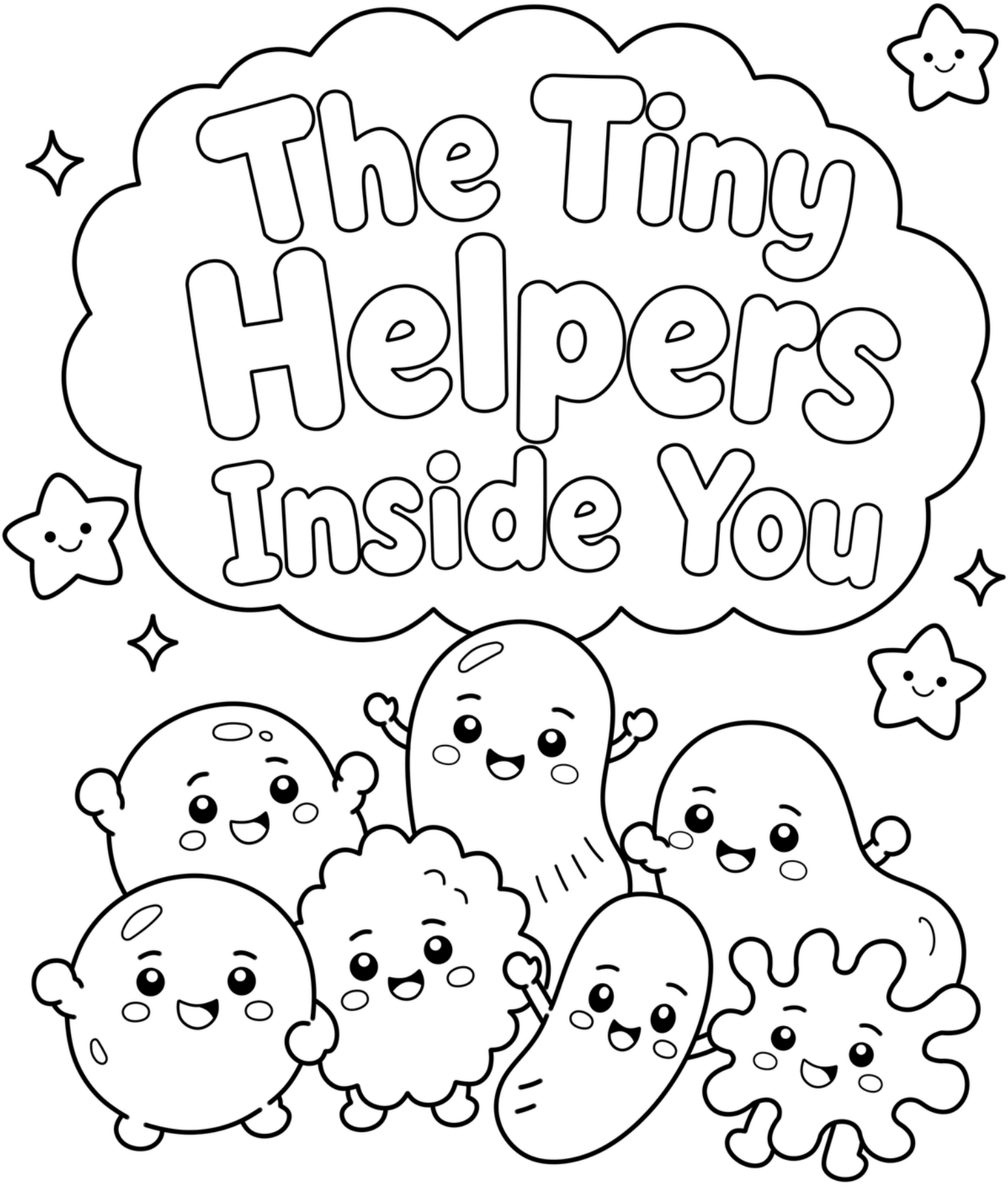
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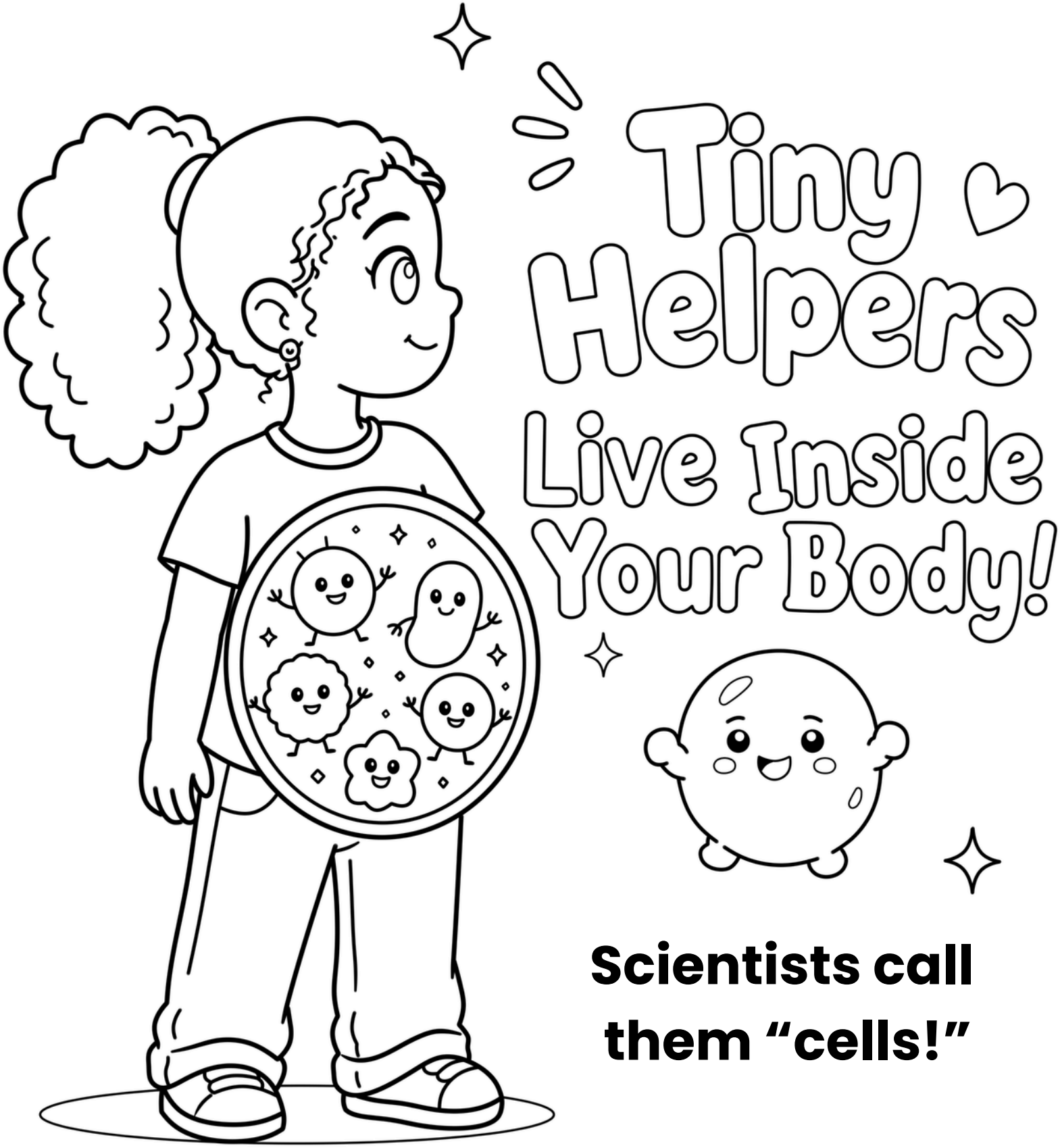
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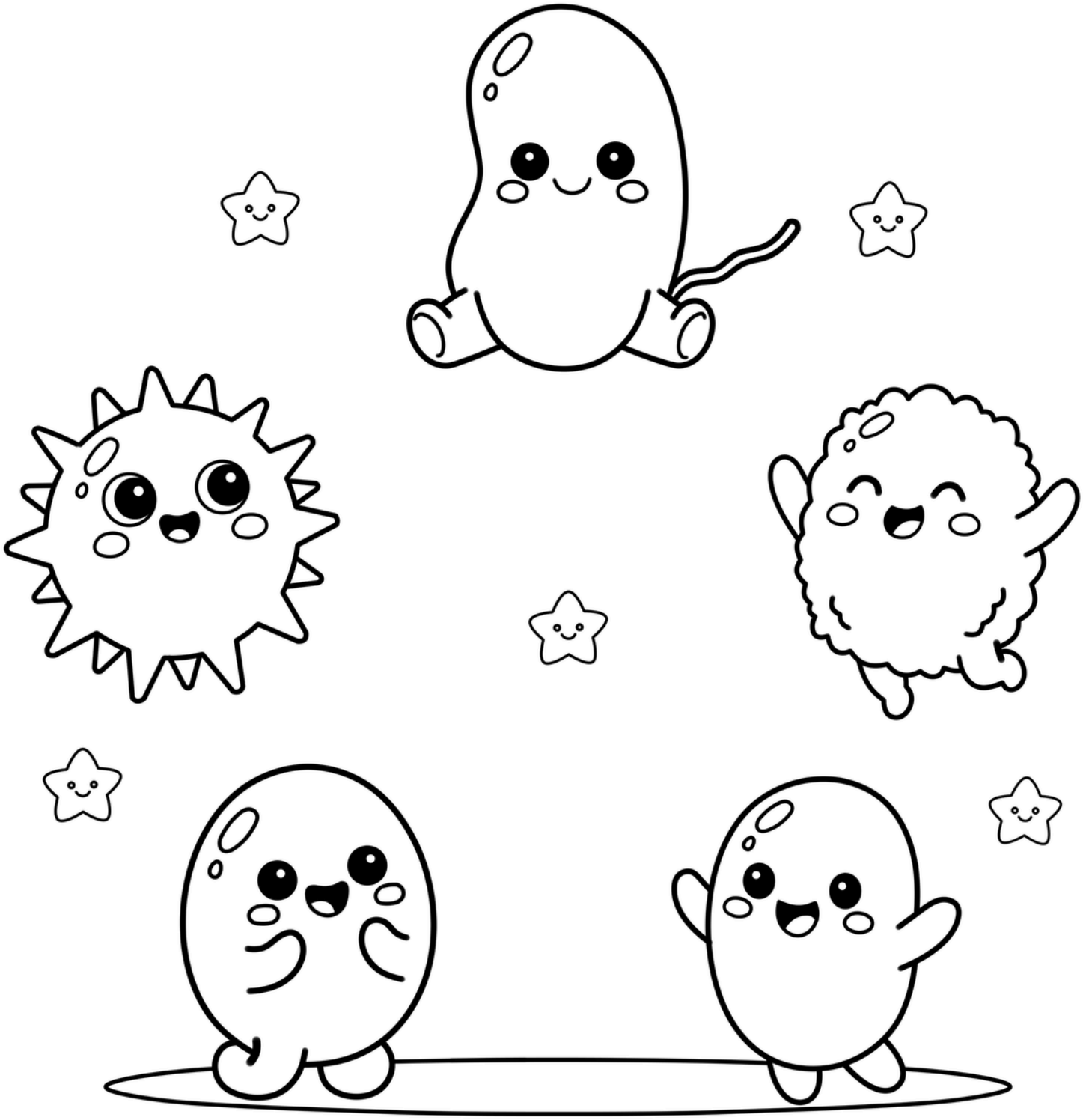
# About This Book

This colouring book was created by students from Lund University participating in iGEM, a global non-profit synthetic biology competition. Through colouring and fun activities, we aim to introduce children to cells - our tiny helpers, and hormones - the body's signals that help cells communicate and keep our bodies working.

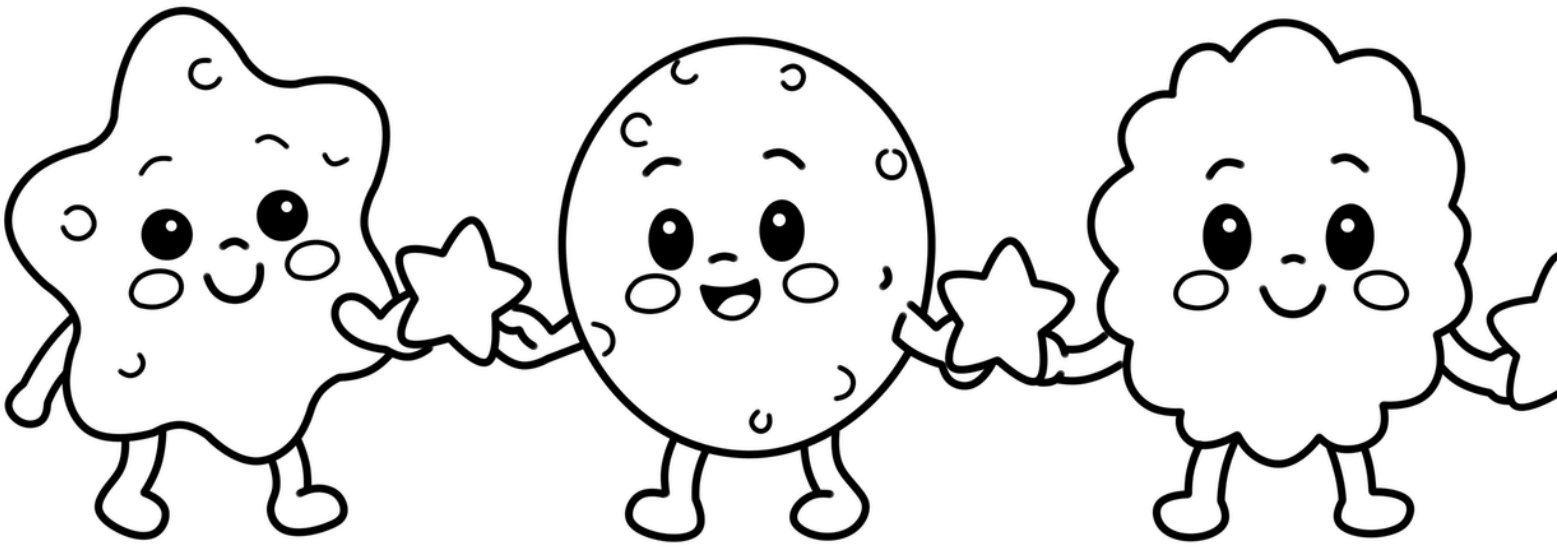
We hope you enjoy learning and colouring together!


The Tiny
Helpers
Inside You

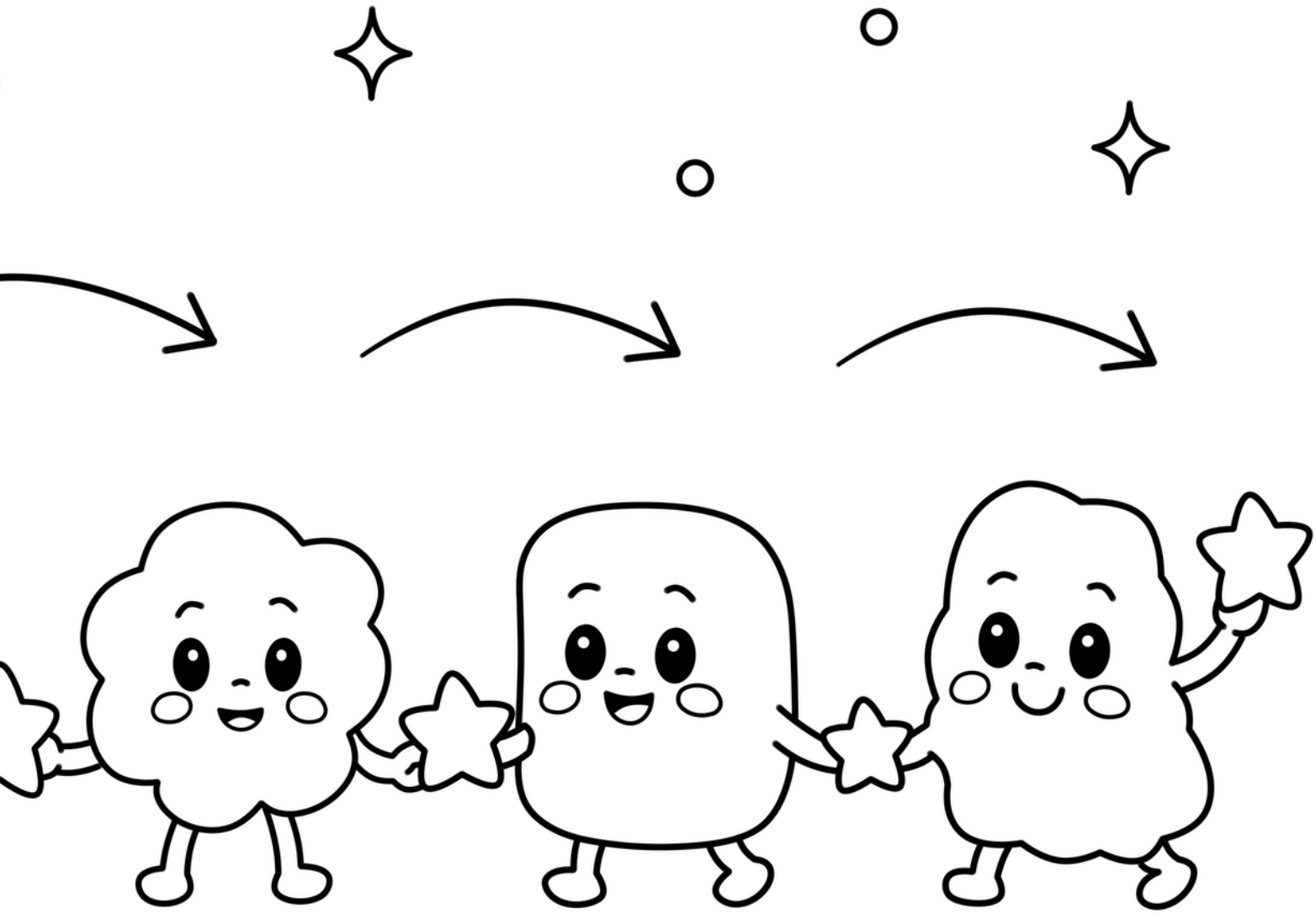

Tiny Helpers Live Inside Your Body!
Scientists call them “cells!”



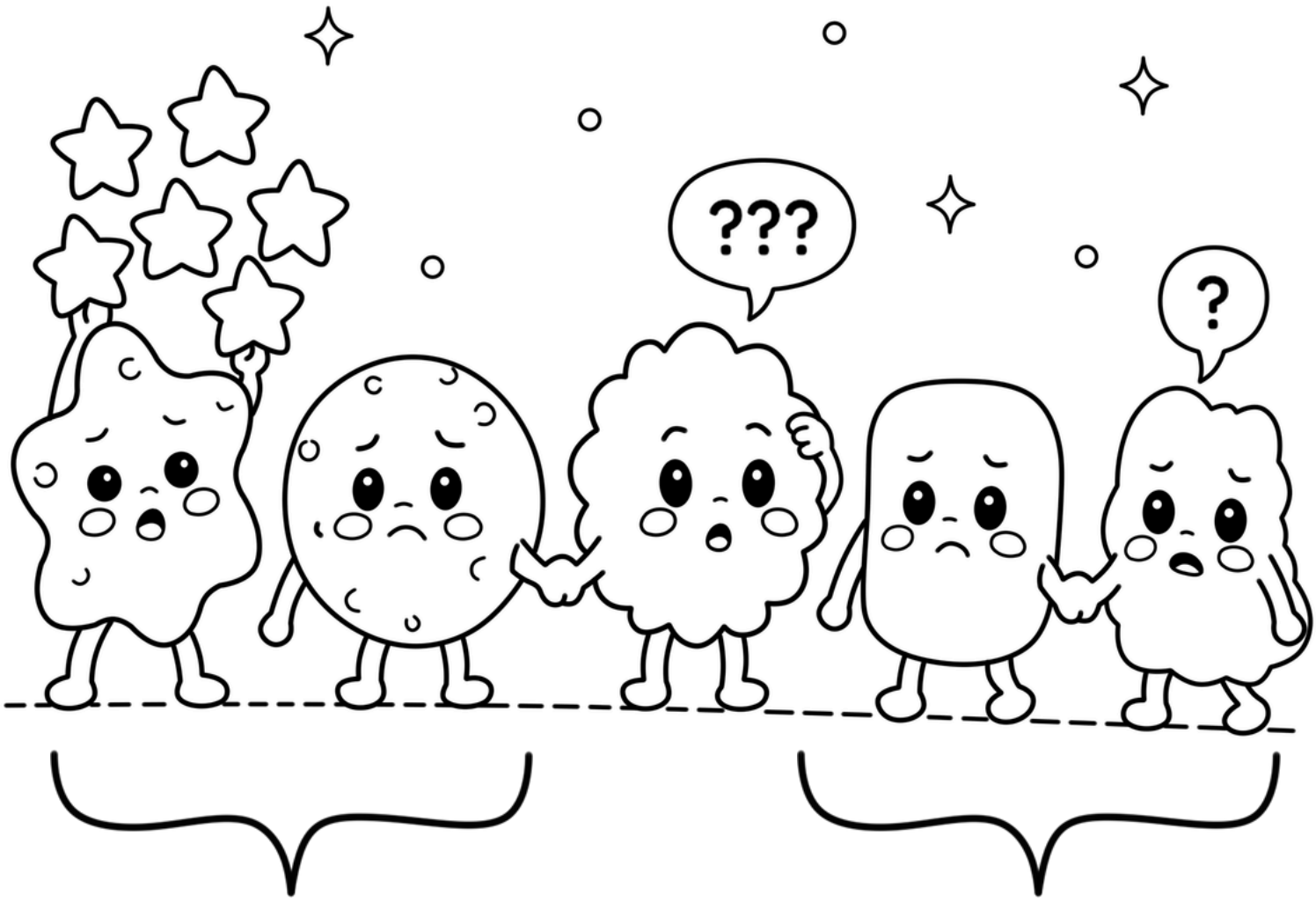
# Meet your helper friends!



**They send and receive**



**signals throughout the body**




**TOO MANY STARS HERE!**

**NOT ENOUGH STARS HERE....**

# Umm... something is changing!

# Messy signals!





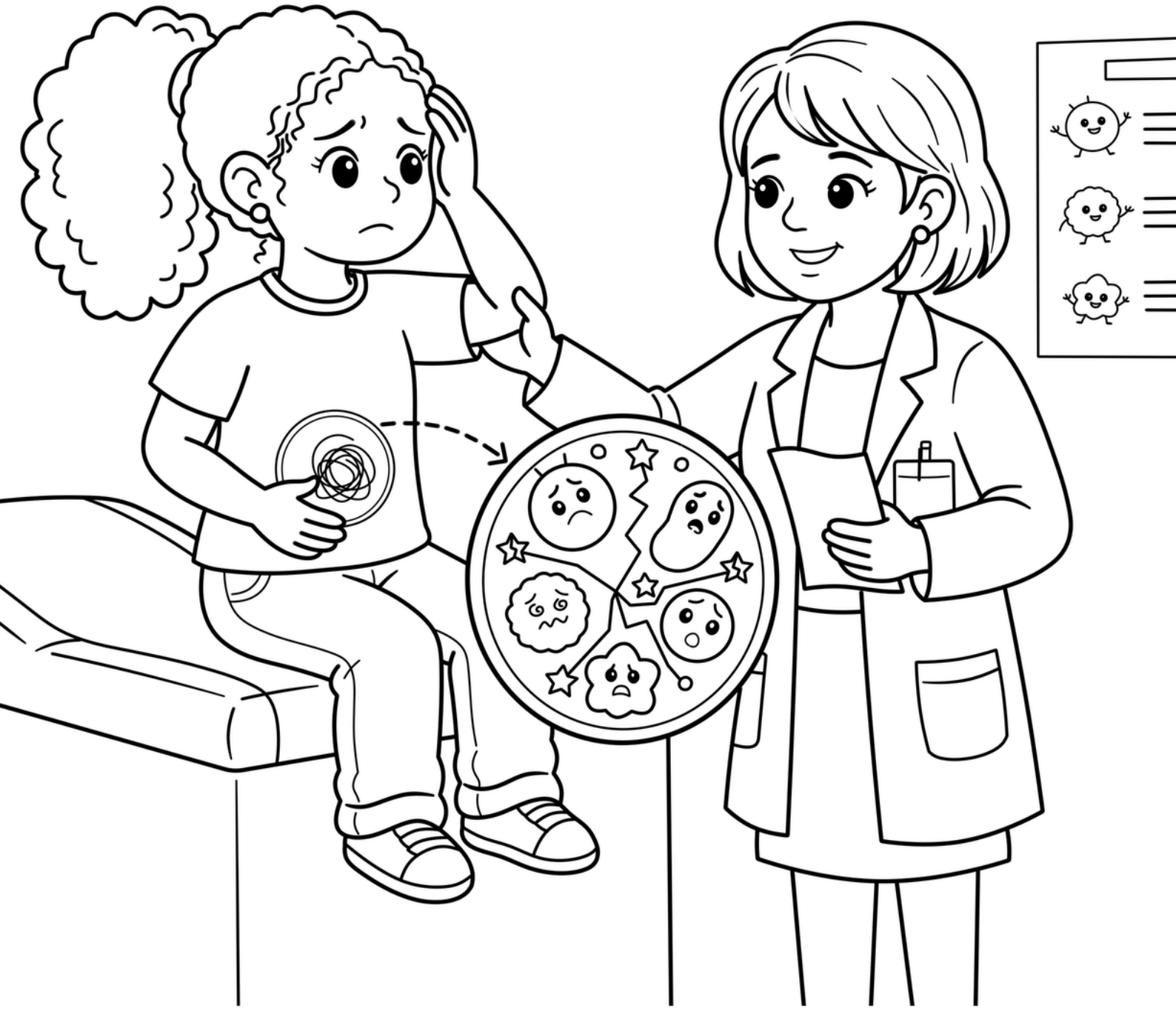
**Sometimes,**

**the signals get**

**a little messy**

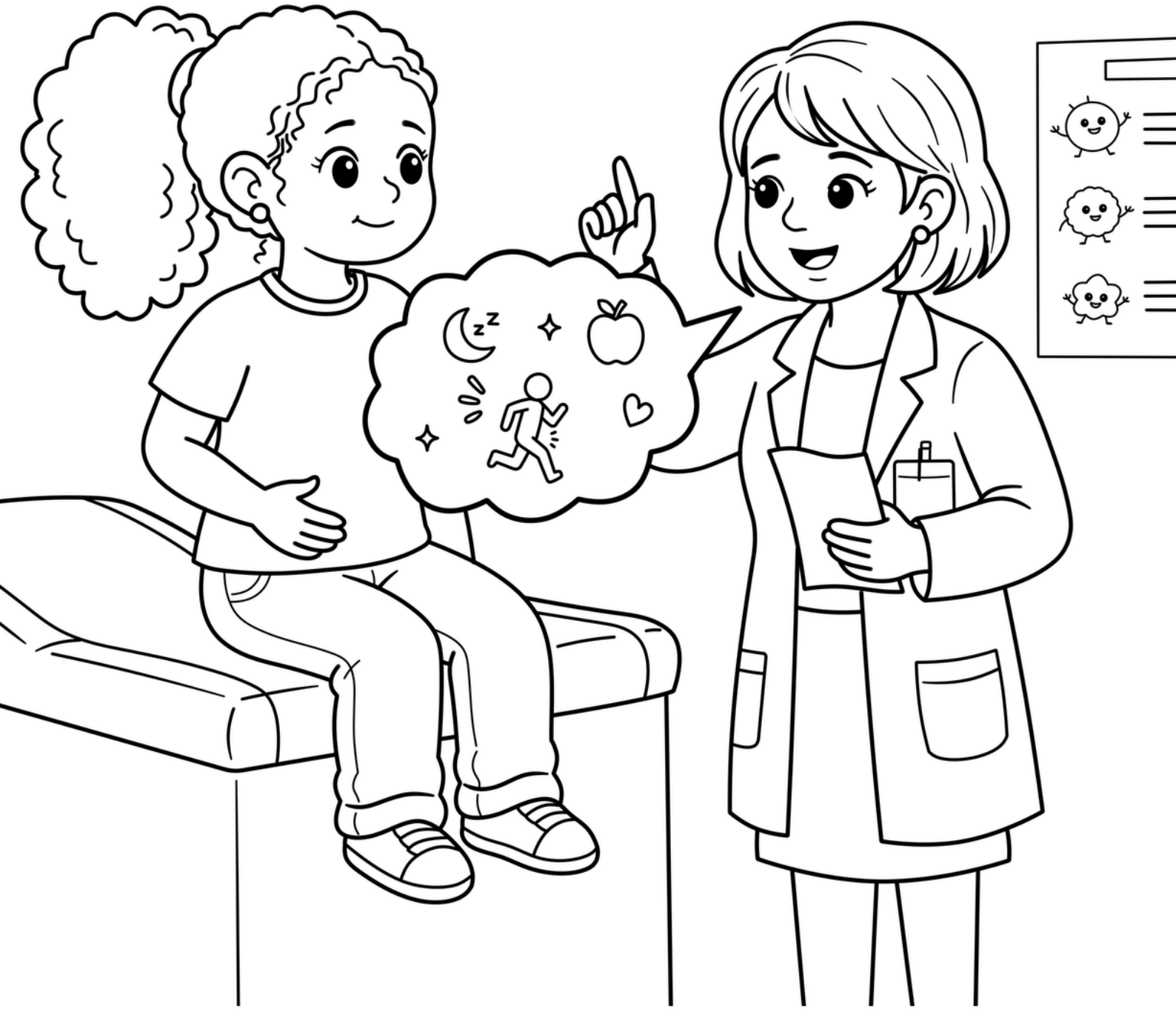
**and we feel**

**a bit “uh-oh”**



**The doctor is here to help!**

# The doctor says...



# Healthy habits!

# Healthy habits:

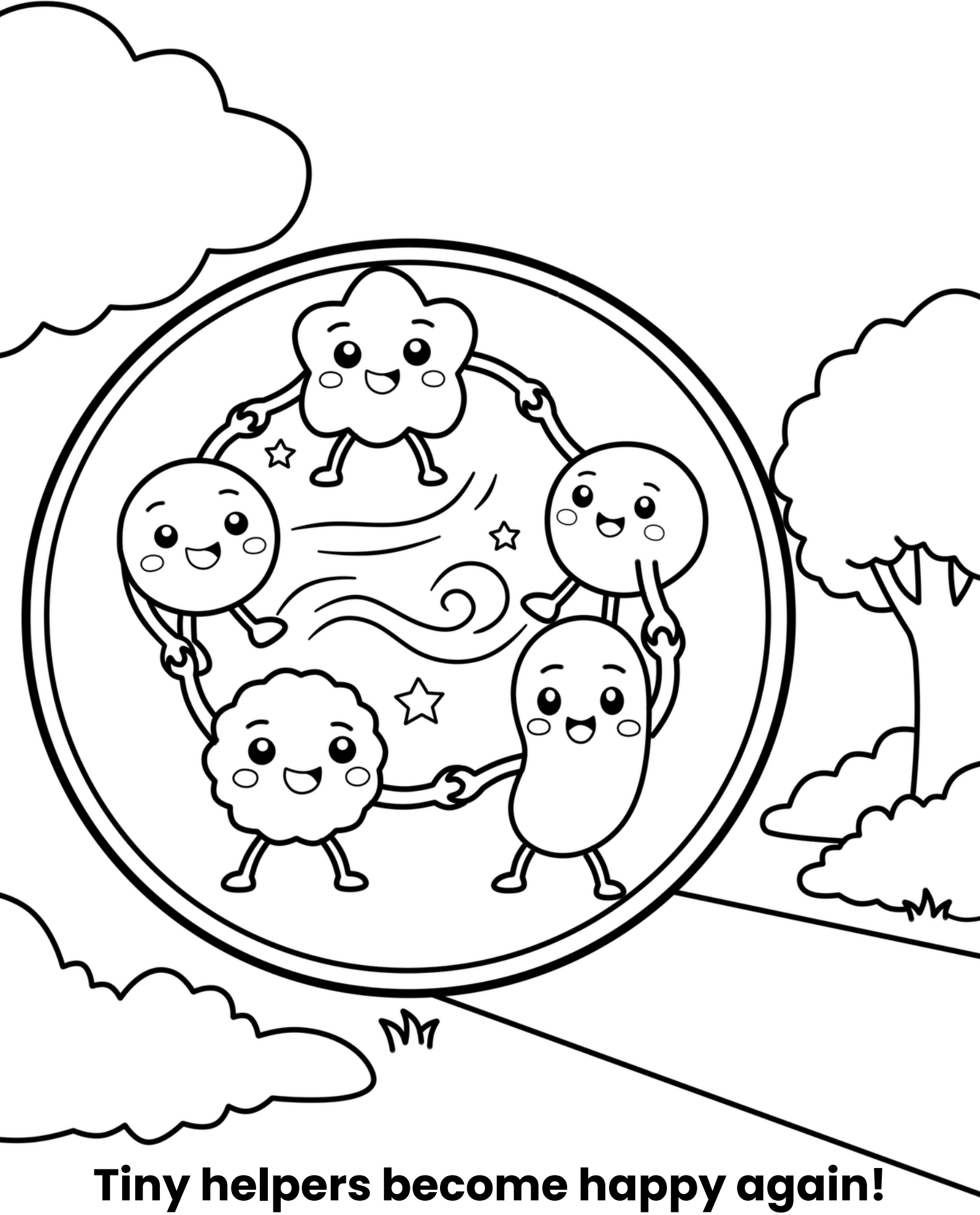








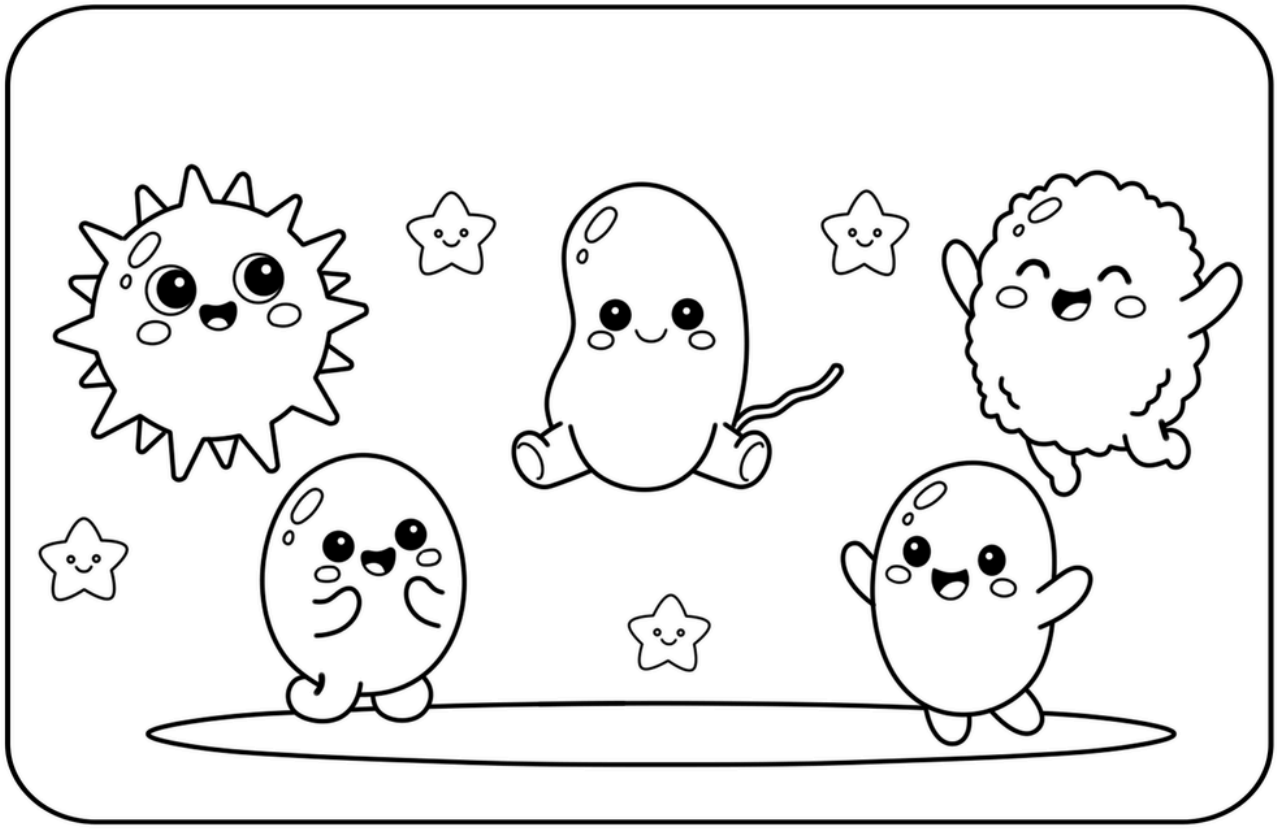

# You will feel better!

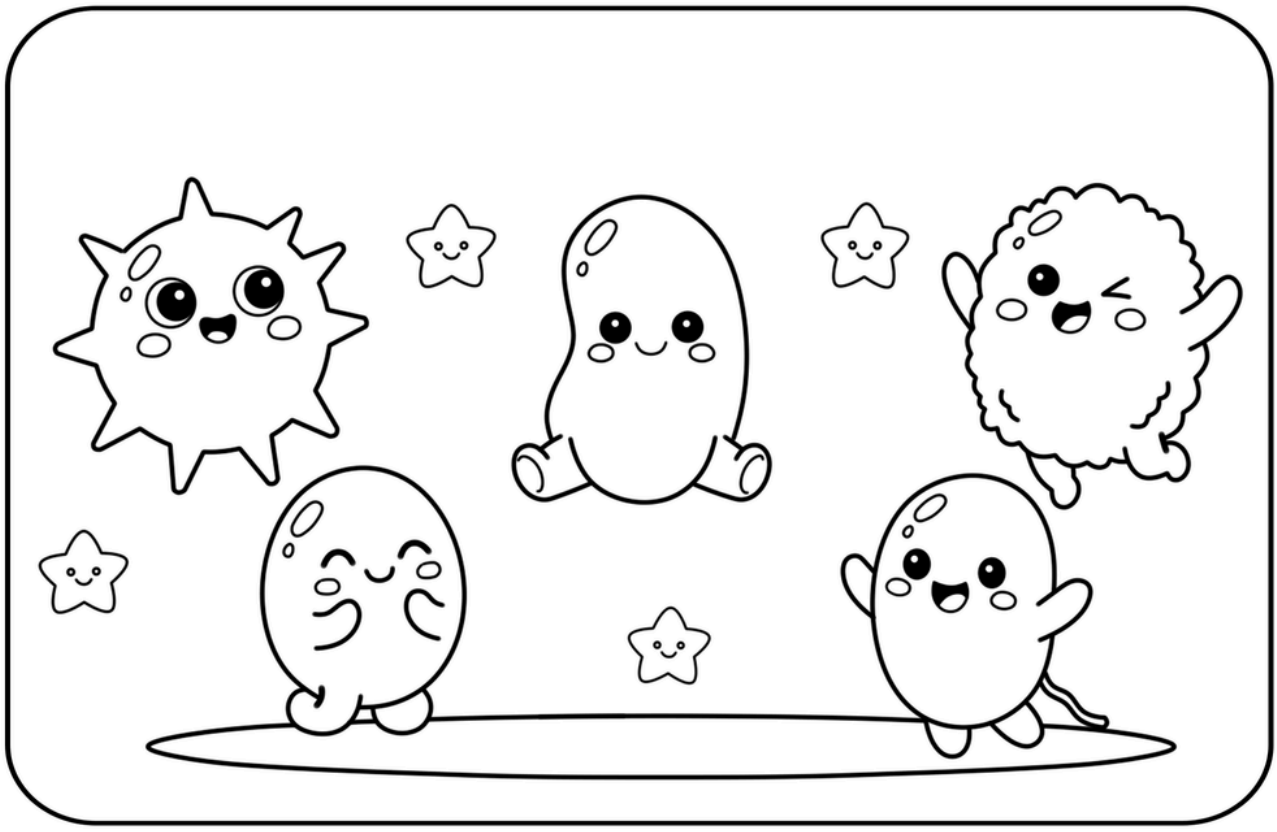


**Tiny helpers become happy again!**

# Find the Differences

**Can you find 5 differences? Circle the differences!**







**Can you find repeated cell shapes?**
**Circle the matching pairs!**

## Created by

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# AnTigone



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